

## Concussion and Sudden Cardiac Arrest Awareness Form

Mill Creek Youth Basketball League believes participation in athletics improves physical fitness, coordination, self-discipline, and gives students valuable opportunities to learn important social and life skills.

With this in mind it is important that we do as much as possible to create and maintain an enjoyable and safe environment. As a parent/guardian/coach you play a vital role in helping keep student/athletes stay safe while playing basketball. Player and parental education regarding Concussions and Sudden Cardiac Arrest Awareness are crucial.

Mill Creek Youth Basketball League will be providing you online information & information in the Coaches Manual to help keep you informed about these two areas of concern. Please make sure your read this information carefully and understand it. If you have questions regarding any of the information provided online or in the informational pamphlet, please contact Mill Creek Youth Basketball Staff.

To assure you understand this information, our league will be requiring that you sign this form each year.

I HAVE RECEIVED ONLINE INFORMATIONAL LINKS OR HARD COPY PAMPHLETS
REGARDING THE CONCUSSION LAWS AND THE SUDDEN CARDIAC AREST AWARENESS
PROGRAM. I HAVE READ AND UNDERSTOOD THE INFORMATION PRESENTED.

COACH NAME (Printed)	COACH SIGNATURE	Date